

## 1. DS BROCHURE, 5R & 8R PICTURES (TRANSLATE TO NEPALESE)

Title

### **Who is Bhagavān Dorje Shugden?**

#### **Free Prayer Card Inside**

Kathmandu Valley's special patron Bhagavān is Shree Manjushree. From Bhagavān Shree Manjushree, the avatar Bhagavān Dorje Shugden emanates in the form of a Protector of kindness, wealth and peace.

A Bhagavān blesses everyone who contacts the Bhagavān regardless of their religion. Therefore, it is not necessary to change your religion for Bhagavān Dorje Shugden to help you. Stay with your own religion, contact Bhagavān Dorje Shugden and he will definitely help you.

Propitiate Bhagavān Dorje Shugden daily for wealth, peace and supreme protection. It is very good to offer flowers, light, tea and incense to Bhagavān Dorje Shugden daily, as much as you can. He will watch you, protect you and take care of you. Do his puja daily by reciting his mantra: **OM BENZA WIKI BITANA SOHA**

### **The Benefits of Bhagavān Dorje Shugden's Practice**

Bhagavān Dorje Shugden's practice is beneficial for everyone, and especially so for students, healers, businessmen and women, families and farmers. In addition, those who suffer from magic, spirit disturbances and depression can also fully rely on Bhagavān Dorje Shugden to heal, guide and protect them. How does reciting Dorje Shugden's prayer and mantra help?

#### **1. For Students**

Bhagavān Dorje Shugden helps students gain clarity, wisdom and good memory, and excel in their school and studies.

#### **2. For Healers**

Bhagavān Dorje Shugden increases the healing abilities of genuine healers who remove pain and problems from other people's bodies.

#### **3. For Businessmen & Businesswomen**

Bhagavān Dorje Shugden helps businessmen and women overcome problems and difficulties and achieve a better financial situation so that they can continue to provide for their families and take care of their responsibilities.

#### **4. For Families**

Bhagavān Dorje Shugden increases the harmony, unity, growth and respect between family members while diluting problems, misunderstandings and arguments.

#### **5. For Farmers**

Bhagavān Dorje Shugden blesses the land and animals and helps farmers reap a bountiful harvest to feed and support the family.

#### **6. For Those Suffering from Magic**

Bhagavān Dorje Shugden is very powerful to stop magic, to release people from magic, and protect

them from being harmed by magic.

#### **7. For Those Disturbed by Spirits**

Bhagavān Dorje Shugden protects us from the harm, fear, diseases and problems caused by spirits. Spirits will be released and are not able to harm us further.

#### **8. For Those Suffering from Depression**

Bhagavān Dorje Shugden releases our minds from unhappiness, hopelessness and sadness. We can develop the clarity and strength to seek help to overcome our depression and heal ourselves.

#### **9. For Those Who Need Protection**

Bhagavān Dorje Shugden will protect us and ensure that we are safe especially during our travels to places that are far, high in crime and prone to natural disasters. When we do Bhagavān Dorje Shugden's puja, prayer and mantra, we protect ourselves and take care of our loved ones.

## 2. BOOKLET (BI-LINGUAL, ENGLISH & NEPALESE)

Title

**Bhagavān Dorje Shugden**

**Protector of Kindness, Wealth and Peace**

### **Introduction: Who is Bhagavān Dorje Shugden**

Many *kalpas* ago, the Bhagavān Arya Manjushree blessed Nepal and Kathmandu Valley by slicing the Kathmandu Valley to drain the water. This made the land dry and liveable and life sprung from this. Fruits, trees, bushes, flowers and grass were able to grow and people could live, do business, start markets, have families, and build temples.

Manjushree is a Bhagavān and this Bhagavān has many avatars. The many avatars of Bhagavān are beyond count and appear in countless forms. The Bhagavān can come in all colours, backgrounds, faces, gender, and appear wrathful or peaceful. The Bhagavān's form has no limits, no beginning and no end. Therefore, the Bhagavāns can manifest in many forms. From Bhagavān Manjushree, who is the patron Bhagavān of Nepal and Kathmandu, he emanates in the form of a Protector of kindness, wealth and peace.

This protector form of Bhagavān Manjushree is avatar Bhagavān Dorje Shugden. Dorje Shugden manifests with one face, looking at us with three eyes. The third eye sees the universal truth of reality with no limit. He is in the form of a monk, wearing a round hat which symbolises he is travelling and will arrive to help us very quickly. He is holding the sword of Manjushree which cuts through our problems, difficulties and obstacles. He holds at his heart a wish fulfilling jewel, symbolising that all those who pray to Bhagavān Dorje Shugden will have their wishes fulfilled. He wears a robe of a Bhikshu, of a fully ordained monk, representing kindness, compassion and generosity towards others. He rides on the king of all animals, a lion, representing his power as the king of Dharma Protectors. Moreover, he is amid the flames of *prāṇa*, which burns up all negative minds, psychic and physical problems. It is the wisdom *prāṇa* that is inherent in all of us.

Therefore when we pray to Bhagavān Dorje Shugden, we can be of any religion. We do not need to convert, change our culture or put it away. Bhagavān has no religion, name or form, no beginning and no end; it is men who create the different names, labels and borders. Thus, we can remain the religion that we are, whether Hindu, Buddhist, or any religion, and we can still pray to Bhagavān Dorje Shugden. He will bless us if we are sincere, if we have a good heart and if we are kind to others.

# **The Benefits of Bhagavān Dorje Shugden's Practice**

Bhagavān Dorje Shugden helps us in many ways. He helps students, healers, businessmen, families, and farmers as well as people who suffer from magic, spirits, and depression. He also gives protection.

## **1. For Students**

Students who wish to do well in school, obtain good grades, and expand their minds to have knowledge so that they may get good jobs when they are older to help their families, villages, city and country can rely on Bhagavān Dorje Shugden. By reciting his mantra daily, they will gain clarity, wisdom and good memory.

## **2. For Healers**

Healers are people who remove pain and physical problems from people's bodies. There are many types of healers. When healers of any background pray to Bhagavān Dorje Shugden and do his mantra daily and well, the healing ability of genuine healers will increase. Additionally, the energy of Dorje Shugden's mantra will enter the body of the sick through the healers and help them to become well. So it is an excellent mantra for healers to recite to benefit others to become well.

## **3. For Businessmen and Businesswomen**

Those who wish to do private businesses in order to earn money to take care of their families, responsibilities and perhaps even expand their families may encounter many problems from many directions and from many different parties. Therefore when a sincere businessman or businesswoman fully relies on Bhagavān Dorje Shugden through offering flowers, incense, tea and light daily as well as by reciting Dorje Shugden's mantra, he will help them achieve a better situation to be able to support their families and take care of their needs.

## **4. For Families**

Families may have problems, disharmony, misunderstandings and arguments which sometimes causes separation. When families have disharmony and problems, the children, in-laws, parents and grandparents suffer. In order for families to be blessed and to have more harmony, it is important for the family members to always sit and discuss things nicely, honestly and respectfully with one another. By doing Dorje Shugden's puja and prayers daily, they will see their families growing and becoming more harmonious.

## **5. For Farmers**

Farmers rely on the land, vegetables, and fruits that they sow. They work hard in the summer - sometimes in the mud - with the buffaloes, planting, waiting for rain and sunshine, subjected to different weather conditions. Eventually, they need to harvest all their crops so that they will have something to live off through the winter. If their crops do not grow and fail, then the farmers suffer tremendously. They suffer very badly.

Therefore, it would be wise for farmers and farming families to install Bhagavān Dorje Shugden in their homes and pray to Bhagavān Dorje Shugden. Offer Bhagavān Dorje Shugden water, flowers, incense and light and recite his mantra daily for the crops. This will bless your land along with your animals. This is very important. Farmers can rely on Bhagavān Dorje Shugden in order to help their families grow their crops.

## **6. For Those Suffering From Magic**

Some people are jealous and unhappy of other people's success. Some people are unhappy with others due to anger, arguments, disagreements or for whatever reasons. As a result, sometimes

certain people can contact powerful people to hurt others through magic, incantations, mantras and rituals which can hurt another person. Some people believe in magic, some people don't, but whether they believe or not, magic does exist and sometimes it can harm.

Dorje Shugden is the most supreme avatar of Bhagavān Shree Manjushri who is very powerful to stop magic, to release people from magic and to protect them from being harmed by magic. By propitiating Bhagavān Dorje Shugden consistently, over time one will be released from magic, protected from magic and the magic from jealous parties cannot harm us. Dorje Shugden will never hurt the other party but he will protect us.

### **7. For Those Disturbed By Spirits**

Certain passes, streets, houses, valleys, forests and cemeteries have very powerful spirits residing there. The spirits are people who have passed away, cannot move on, and are unable to reincarnate and they have remained in the area unhappy, sad, and attached. Sometimes these spirits do harm to others, frighten them, causes diseases, and create problems. These spirits need to be released. We need not be afraid of them but instead we should show them great *karuna* (compassion). By showing and generating great *karuna* to these spirits through recitation of Bhagavān Dorje Shugden's mantra, the spirits will be released and they cannot harm us further.

### **8. For Those Suffering From Depression**

Depression is a state of mind where we feel hopelessness and sadness. We wish to give up, we do not wish to fight anymore and we have lost our inner strength. All of us suffer through depression at one time or another in our lives. Depression is not easy to heal. Sometimes it is clinical, sometimes psychic, or sometimes it is the wrong way of thinking. If it is clinical, we must get help from a professional, but if it is any other type of depression arising from wrong views, an unhealthy body or an unclear mind, reciting the mantra of Bhagavān Dorje Shugden can guide us and help us to heal from depression or find help to become free of depression. What is important for depression is not to rely on Bhagavān alone and ask to release our unhappiness, but also seek help at the same time.

### **9. For Those Who Need Protection**

At times we need to travel, without choice, to various places that are dangerous, far, troubled with crime or prone to natural disasters. In order to travel to these places, we need to be very careful. If something happens to us, our families will suffer. Before and during travel, by doing puja, making offerings and reciting Dorje Shugden's prayer and mantra, we can be protected and remain safe.

## Useful Tips

You can recite the prayer to Dorje Shugden (included here) daily, which is titled “*A Daily Request for Sampatti, Śānti and Surakṣā*” to bring peace. Dorje Shugden’s pujas and prayers can be done together with Lakshmi, Ganapati, Durga, Kali, Brahma, Shiva, Krishna or any others. Whoever your Bhagavān is, you can do Dorje Shugden together with all the Bhagavān pujas simultaneously.

Do not ever offer meat, animals, blood or anything that you have to kill to Dorje Shugden. Instead, you should offer yoghurt, milk, tea, water, flowers, incense and light. Dorje Shugden is an avatar Bhagavān, and Bhagavāns do not need things to be killed, they do not need animals.

## Conclusion

All Nepalese should be proud of their culture, language and religion. Nepalese do not need to convert to another religion and can incorporate Bhagavān Dorje Shugden into their religion and beautiful culture to pray together. Changing our religion, our identity and culture is not an offering to Bhagavān. This is disrupting our national unity, our ancient history and it may also disrupt our families.

Bhagavān Dorje Shugden will bless everyone, will help everyone, and will assist everyone on all levels and backgrounds. Bhagavān Dorje Shugden is a very special avatar who has emanated and appeared to remove our problems during the age of Kaliyuga.

May all of you receive peace.

Tsem Rinpoche

## Short Prayer to Dorje Shugden

### A Daily Request for Sampatti, Śānti and Surakṣā

*This daily prayer to Dorje Shugden was composed by H.E. the 25<sup>th</sup> Tsem Rinpoche on Thursday, 26 February 2015 at 2:03am.*

In the heavens there are myriad manifestations of the divine. All those manifestations specifically show us different aspects of divinity in order to be of benefit to all living beings. All the rupakaya forms of the divine have compassion, skillful means and wisdom. We invoke upon them whether we are happy, sad, down, lost, fulfilled, confused, empty, and during the whole range of emotions we constantly experience due to an untrained mind.

Understanding our nature, Great Wisdom Being Dorje Shugden, therefore all the more so, please hold us close to your bosom as an only child to a parent.

Though the manifestations of the divine need no offerings and gifts from us, we offer you supreme Manjushri Dorje Shugden a libation of tea, incense and mantras, in order to ask you to bless us, to be a part of our lives, to abide in our dwellings and to give us signs, omens and portents of both good and bad. When the negative arises, quell them immediately. Please increase the positive for my weary and worn mind as I lay my hopes in you.

When difficulties, problems and confusion arise, we ask you, who is but the culmination of all that is powerful, holy and omniscient to bless myself, family, loved ones, environment and even my pets. May I see wisdom, find hope, and be at peace.

I request you, O Divine Bhagavān Dorje Shugden, who wears a round dome hat and the three robes of a saffroned bhikshu, who wields a sword of liberty, justice and wisdom and clutches a wish-fulfilling jewel, who rides on a supreme lion of subjugation of all that is negative, to fulfill my wishes. I understand my wishes may not be the best, so I surrender to your wisdom for the outcome though it may not be what I have in mind. Please bless myself and everyone that we may enter into the supreme city of liberation.

Great Bhagavān Dorje Shugden, I request you sincerely from my heart to be a part of my life, bless my home, and grant me wisdom, solace and comfort, that I might be of service to others without agenda, and that I may focus out onto others and not be fixated on myself, creating more problems for all that I hold dear.

Bless me to become kinder, wiser, more compassionate, tolerant and very forgiving to all those who hurt and love me. In order to become close to you, Dorje Shugden, we must surrender the banal. We must abandon fixed views, projections and rigidity. Lastly, in my final moment when I leave this plane of existence, only the positive actions I have done will matter as everything and everyone will be left behind. Let me realise this and act upon this now! At this crucial moment, please may I have a vision of yourself, the powerful and merciful Dorje Shugden, to take me to where I may course in the sky to continue my journey of spiritual waxing.

I offer you saffron-coloured tea and my faith to fulfill my prayers and gain siddhis. By reciting your mantra, may healing, peace, love, long life, protection and perfect view of sunyata arise.

Mantra of fulfillment, peace and wisdom: **“OM BENZA WIKI BITANA SOHA”**

*(It is good to recite this mantra one rosary or more per day. Occasionally, engage in retreats where you recite the mantra 100,000 times or more per year, every year.)*

For more information, visit:

[www.tsemrinpoche.com](http://www.tsemrinpoche.com) | [www.dorjeshugden.org](http://www.dorjeshugden.org) | [www.vajrasecrets.com](http://www.vajrasecrets.com)